



Athletic Handbook

(Approved 10-24-05 by Board of Governors)

Philosophy

The athletic program at Salisbury Christian School is designed to be a vehicle by which the purpose and objectives of the school can be fulfilled. Jesus Christ is at the center of our athletic program and we wish to honor Him with our actions and attitudes both on and off the field. The athletic program and the physical education department works together to impact the physical development needs of our students. Our athletic teams will strive to be competitive and excellent in all that they do. The opportunity for athletic participation is open to all students who meet the criteria of academic eligibility, school behavioral guidelines, and athletic skill.

Eligibility

Academic

Student-athletes with lower than a 2.0 average or with more than one E in a marking period will be placed on academic probation and will not be allowed to participate in any athletic activities. The probation will begin the first school day following the distribution of report cards. Student-athletes may regain eligibility if their grades are improved to the above stated levels at the issuing of mid-term progress reports.

Behavioral

Student-athletes must follow all school rules and may lose eligibility for any minor or major infractions.

School Day

A student-athlete must attend four classes (of a seven period day) to be eligible to participate in an athletic practice or game that day.

Game and Practice Attendance

Student-athletes are expected to be at every game and practice unless excused by the coach. Failure to do so will affect participation in games and may result in removal from the team.

Information/Insurance/Release Form

All student-athletes and their parents must complete and hand in the Athletic Department Information/Insurance/Release Form to their coach or the athletic department before they can participate in practices or games.

Physicals

Annual sports physicals are required for all student-athletes to participate in athletic activities. Physical Forms must be turned in to the Athletic Office before a student-athlete begins practicing or playing. The physical examination is valid for one year and must have been completed after June 1 for the upcoming school year. Sometime during the month of August each year, Sports Physicals will be available at the school at a reduced physician's fee.

Athletic Fee

The athletic fee for varsity athletics is fifty dollars per student-athlete per sport. The athletic fee for middle school and junior varsity athletics is thirty dollars per student-athlete per sport. The athletic fee is due by the midpoint of the season as determined by the athletic director. Nonpayment of the athletic fee may result in a student-athlete becoming ineligible.

Affiliations

Salisbury Christian School is a member of the Peninsula Athletic Christian Conference (PACC). The PACC offers team competition in varsity girl's volleyball, varsity boy's soccer, varsity girl's basketball, varsity boy's basketball, varsity girl's softball, and varsity boy's baseball.

2005-2006 Athletic Team Opportunities

- Middle School Boys Soccer (7th and 8th grades)
- Middle School Girls Basketball (7th and 8th grades)
- Middle School Boys Basketball (7th and 8th grades)
- Junior varsity / varsity cheerleading (7th, 8th, 9th, 10th, 11th, and 12th grades)
- Junior varsity girls volleyball (7th, 8th, 9th and 10th grades)
- Junior varsity girls basketball (9th and 10th grades)
- Junior varsity boys basketball (9th and 10th grades)
- Junior varsity girls softball (7th, 8th, and 9th grades)
- Varsity girls cross country (9th, 10th, 11th, 12th grades)
- Varsity girls volleyball (9th, 10th, 11th, and 12th grades)
- Varsity boys soccer (9th, 10th, 11th, and 12th grades)
- Varsity girls basketball (9th, 10th, 11th, 12th grades)
- Varsity boys basketball (9th, 10th, 11th, 12th grades)
- Varsity girls softball (9th, 10th, 11th, and 12th grades)
- Varsity boys baseball (9th, 10th, 11th, 12th grades)

Athletic Team Descriptions

Varsity

This is the most highly organized and intense level of high school athletics. Varsity teams are typically made up of ninth through twelfth graders. Varsity athletes need to have enough physical ability, skill, and sport knowledge to handle strenuous practices and games. Varsity teams practice or play five times per week throughout the season and may occasionally practice or play on Saturdays. Varsity teams may sometimes play in tournaments, which will require daylong or overnight stays. Playing time is not guaranteed at the varsity level.

Junior Varsity

Each season, based on interest, there are sports offered at the Junior Varsity level. Junior Varsity teams are typically made up of ninth and tenth graders, with exceptions if there is not a middle school team in that particular sport. Junior Varsity athletes are younger players who desire to play on the Varsity level and are working to develop their skills for future athletic opportunities. Junior Varsity teams play a shorter season with fewer games and practices, usually three or four games and practices per week. Although there is no guarantee of playing time at the Junior Varsity level, coaches are encouraged to provide game opportunities for all team members.

Middle School

Each season, based on interest, there are sports offered at the Middle School level. Middle School teams are typically made up of seventh and eighth graders, with exceptions if there is not a junior varsity team in that particular sport. Middle School athletes are younger players who are looking for participation, instructional, and developmental athletic opportunities. Middle School teams play a shorter season with fewer games and practices, usually two or three games and practices per week. Every team member will play in every game unless there is health or disciplinary restrictions.

Team Selection

All teams will have a designated tryout period. Eligible student-athletes will be selected based on 1)their current level of skill 2)their potential for improvement 3)their natural physical abilities (size, speed, strength, endurance, agility, and quickness) that will aid them in their development of skills not yet refined 4)their attitude 5)their effort 6)their willingness to be part of a team. The head coach and the athletic director will determine the roster size for each team.

Awards

An annual sports banquet will be held at the end of the school year. Middle school and junior varsity athletes will receive a certificate of participation and a sport medal. Varsity athletes who letter will receive a certificate, a SC chenille letter (if lettering for the first time) and a sport pin to place on their letter. Letter recipients are the team members who have demonstrated a season long commitment to their respective teams as determined by the coaches and the athletic director. Four special awards will be given to varsity athletes in each sport. 1) Most Valuable Player – the athlete who was the most valuable to the success of the team 2) Most Improved Player – the athlete who has shown the most improvement from last season to the current season or the most improvement throughout the current season 3) Christian Character – the athlete who demonstrated the most Christ-like Christian character throughout the season 4) Coaches Award – the award given by the coaches to the student-athlete of their choice (sportsmanship, encouragement, commitment, inspiration, unselfishness,)

Travel / Transportation

Team members are required to ride on Salisbury Christian School provided transportation to all away competitions unless the coach and athletic director make other arrangements. When returning to school after away athletic competitions, team members may either ride on school provided transportation or with their parent (legal guardian) after notifying the coach or team supervisor.

Uniforms, Equipment, & Facilities

- Team members will be given uniforms/equipment at the beginning of the season. It is the responsibility of the student/athlete to:
 1. Take proper care of the uniform/equipment
 2. Follow manufacturers' recommendations when regularly cleaning their uniform.
 3. Return complete uniform/equipment after completion of season.
 4. Pay for the replacement cost of lost or damaged uniform/equipment
 5. Only wear the uniform during athletic contests or when authorized by the coach.
- Soccer players will pay \$5.00 for the school provided soccer socks that they will keep at the conclusion of the season.
- Baseball players will pay \$15.00 for the school provided hat that they will keep at the conclusion of the season.
- We have been blessed with athletic facilities (gymnasium, fields, fitness room, locker rooms, and buses). Take care of what we have and don't tolerate misuse by anyone else.